

# Medication in School

PIONEER UNION SCHOOL DISTRICT  
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## 1. ADMINISTRATIVE STATEMENT

Medication may be dispensed to students by designated school personnel whenever a physician finds it necessary to prescribe medication to be taken during the regular school day.

## 2. MEDICATION PROCEDURE

The form below or similar authorization must be completed by the parent or guardian **AND** physician for any medication that is to be taken during the regular school day. All medication administered at school, even if sold over the counter, must be prescribed by a physician.

The parent/guardian must provide all medication, including over-the-counter medication, in the original container. For prescription medication, the pharmacist can provide a second labeled bottle so that one bottle can be brought to school and one bottle can be left at home.

## 3. PARENT REQUEST

I request that designated school personnel assist my child by giving him/her the medication as set forth in the physician's instructions below and give consent for the designated school personnel and physician signing below to exchange medication information. If the medication is an asthma inhaler or an Epi pen, I consent to my child self-administering the medication if designated to do so by the physician below. I release the district and school personnel from civil liability in the event my child has an adverse reaction to the asthma inhaler or Epi Pen. I may terminate consent for administration of medicine at any time.

Student's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent's Signature: X \_\_\_\_\_ Date: \_\_\_\_\_

## 4. PHYSICIAN'S INSTRUCTIONS

MEDICATION	DOSE	METHOD OF ADMINISTRATION	HOW OFTEN (e.g., EVERY 4 HRS)	DURATION (e.g., SCHOOL YEAR)
#1				
#2				

Indication for Medication: #1 \_\_\_\_\_ #2 \_\_\_\_\_

Special Instructions/Precautions: #1 \_\_\_\_\_ #2 \_\_\_\_\_

This student is able to carry and self-administer his/her asthma inhaler \_\_\_\_ Yes \_\_\_\_ No

This student is able to carry and self-administer his/her Epi Pen \_\_\_\_ Yes \_\_\_\_ No

Physician Signature: X \_\_\_\_\_ Date: \_\_\_\_\_

Physician Name (PRINT): \_\_\_\_\_ Phone: \_\_\_\_\_

**BASIC LEGAL PROVISION: 49423.** Notwithstanding the provision of Section 49422, any pupil who is required to take, during the regular school day, medication prescribed for him by a physician, may be assisted by the school nurse or other designated school personnel if the school district receives (1) a written statement from such physician detailing the method, amount, and time schedules by which such medication is to be taken, and (2) a written statement from the parent or guardian of the pupil indicating the desire that the school district assist the pupil in the matters set forth in the physician's statement.

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## Asthma Form

Please indicate the appropriate responses below.

It will be assumed that incomplete or unmarked directions do not apply to this student.

My patient, \_\_\_\_\_, has ☐ mild ☐ moderate ☐ severe asthma and should  
participate in a ☐ regular ☐ modified physical education program.

This patient should use an inhaler ☐ albuterol ☐ cromolyn ☐ metaproterenol ☐ terbutaline ☐ other \_\_\_\_\_  
approximately \_\_\_\_\_ minutes before P.E. class.

If symptoms of asthma occur during exercise, this patient should use \_\_\_\_\_ puffs of his/her inhaler and repeat  
this dose every \_\_\_\_\_ hours.

PLEASE INITIAL ONE OF THE FOLLOWING RESTRICTIONS

\_\_\_\_\_ This patient may participate in all activities, including running, but occasionally may become symptomatic and  
may need to slow down or stop.

\_\_\_\_\_ This patient should run no further than \_\_\_\_\_ or no longer than \_\_\_\_\_ minutes.

\_\_\_\_\_ This patient may run in short bursts only with rest in between (as in field games, basketball, or tennis).

\_\_\_\_\_ This patient may not run in P.E. this semester, but may walk.

\_\_\_\_\_ This patient may not run in P.E. this school year, but may walk.

The following modifications should be made: \_\_\_\_\_

Comments: \_\_\_\_\_

DOCTOR'S SIGNATURE	DATE	PHONE NUMBER
PRINT DOCTOR'S NAME		

My child's teacher has my permission, if necessary, to call the above doctor in order to seek clarification.

PARENT'S SIGNATURE	DATE	PHONE NUMBER
PRINT PARENT'S NAME		